

Cheesy Waffles & The Wider World



Newsletter Sunday 10th May 2020



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Weekly Timetable – Our timetable of activities is uploaded to the Website www.cwypoint.org.uk every Sunday evening. Project Members are welcome to join in any time.

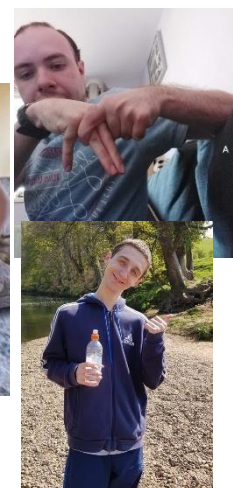
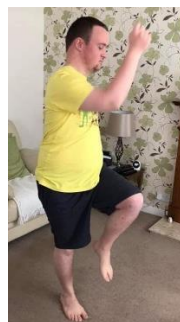
Our **CWP Members Only Facebook Group** is open to all Project Members and their parents/carers. Join by visiting our main Cheesy Waffles Project Facebook Page.



'May the 4th be with You' – Our week started off with a Star Wars theme with a game and feedback from members on who their favourite characters are from the films.



Health & Wellbeing This week we have taken part in warm up exercises, boxing exercises, trying a new skill (Sign Language), music, and our weekly walking activities.



Film Awards

The Wider World Project Tuesday Group were given Awards for all of the hard work they put into their short film 'Million Dollar Baby'. If you haven't seen it yet – check it out

<https://www.cwypoint.org.uk/wwp-tuesday>





Some Positive News to Share with everyone.

Last May we started working towards a new venture 'The Skills House'. Lots of people supported us to help raise funds and we had a large donation from Primula and funding from our local Councillors Eric Mavin, Lesley Mavin and Katie Corrigan.

Well last week we were given a huge donation of £13,617 from Terrence and Beverley Cleary on behalf of the late Len & Nora Akerman. Terry said 'Hope this helps towards all of the great work you do within the community'.

The Skills House Total is now at £47,617.

This could'nt have come at a better time, it will take a long time for the Cheesy Waffles Project to resume usual practice and having our own place will mean we can work with smaller groups in a safe and secure environment specially adapted for our own use.

A huge thank you to Terry and Bev for thinking of our Charity and to everyone else who has supported us.

Our target goal is £85,000 so we are now a whole lot closer to getting there.

Green Fingred Gardeners Last month as part of our Positive Post members were sent seeds out to have a go at growing at home, everyone is doing great looking after them and they are starting to grow!



Social Time – Social Activities have been good fun this week with a game of Zoom Bingo, a Favourites Chat on WhatsApp and a WhatsApp Quiz as well as our usual one to one catch up calls on Sunday . **If anyone wants to join in the sessions and you are not already signed up just let us know. If anyone needs support setting up Zoom or WhatsApp, Lucy will be happy to help.**



Tuesday = Zoom Fun Group Activity Sessions

12th May – Karaoke

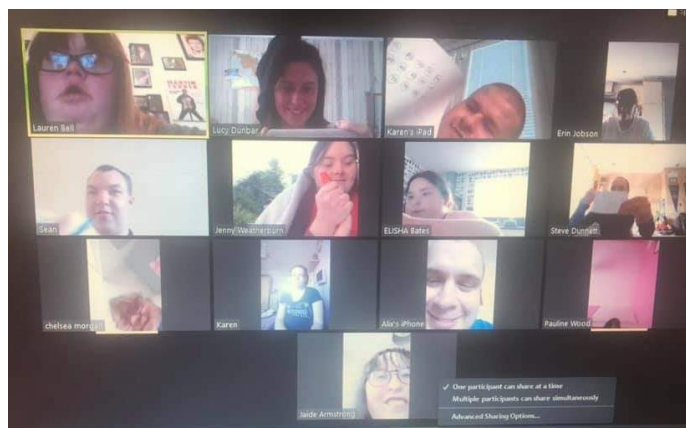
19th May – Mini Challenge Game

26th May – Disco & Party Games

Wednesday = WhatsApp Small Group Video Sessions (Chat Time)

Thursday = WhatsApp Small Group Video Sessions (Mini Quiz)

Sunday = One to One Phone Calls





PARENT/CARER SUPPORT - Do you need any extra support, have concerns or just need someone to chat too? Please do not hesitate to give Erika or Mandy a call.

We are thinking of starting a family session - maybe once a fortnight where we do a quiz or a game of bingo for all of the family to take part in (is this something that families are interested in doing?, feedback would be appreciated).



Online Enterprise – The Wider World Enterprise Project has had fantastic feedback from the items they are selling on their Facebook Page. Keep an eye out each week for a bargain. All costs include delivery (if its for a friend or family member we can post to them for you)

A HUGE Thank You to everyone who has given donations to either The Cheesy Waffles or The Wider World Project. It is greatly appreciated and will be used to ensure we continue to provide activities and resources for our Project Members.



I Love Independence! Project members of all ages continue to learn new skills every week and offer a helping hand at home.



Fabulous Fundraising

Lee has decided to do a sponsored walk challenge to help raise funds for the Project. Evan is continuing with his Ironman Challenge fundraiser activity and Robbie hosted a Bingo Afternoon that raised £100.

Thank you lads for all of your hard work.

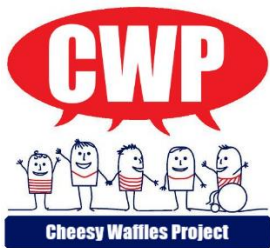


If anyone would like to sponsor Lee or Evan please get in touch.

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Stay Positive - Stay in Touch - Stay Connected



But most importantly – Stay Happy!

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