

### Monday

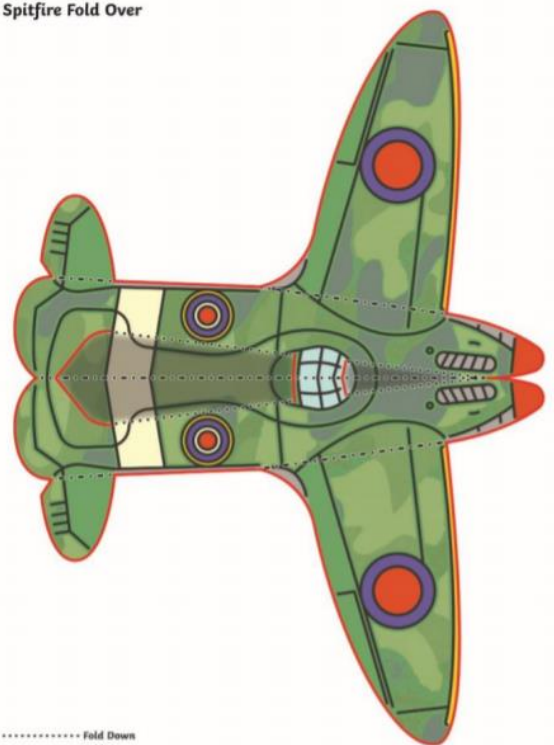
☺ Get Moving with some WW2 Music – marching gets the heart pumping and burns calories, try songs like it's a long way to tipperary or Boogie Woogie Bugle Boy



### Tuesday

✂ Spitfire Papercraft Worksheet – make a spitfire plane or have a go at making and designing your own **Worksheet in your pack**

Spitfire Fold Over



### Social Time

🕒 17:30 Age 15+ Zoom Activity with Lucy & Lisa

Zoom Meeting ID = 739 811 9341  
Password = cwyp



## Wednesday

- Walking Wednesday – If you pass a war memorial or war grave take a picture, spend a minute to think about those that fought in WW2



## Social Time

- 🕒 6.00pm Ladies & Girls Zoom Activity with Lucy & Robyn

Zoom Meeting ID = 739 811 9341

Password = cwyp

- 🕒 6.00pm Mens & Lads Zoom Activity with Bryce & Erika

Zoom Meeting ID = 379 847 5632

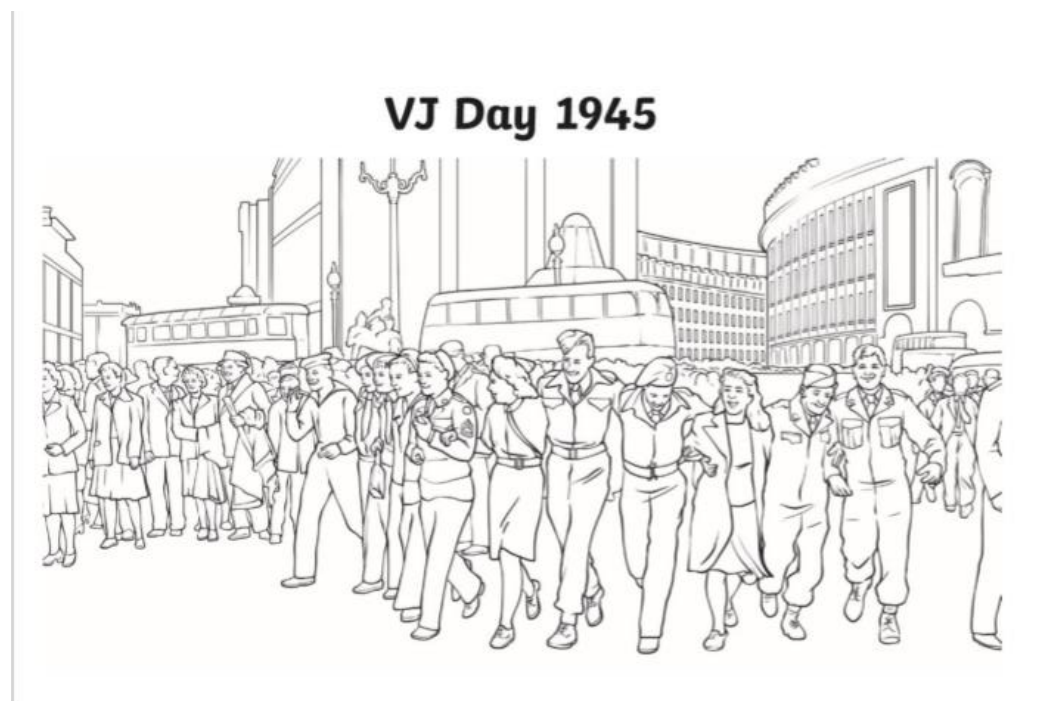
Password = cwyp



## Thursday

- ✂️ VJ Day  
Colour in  
Sheet  
**Worksheets  
in your pack**

Competition  
(prizes for  
entrants)



## Friday

- 😊 **Chocolate Biscuit Challenge**  
(challenge is to put a biscuit on your forehead – chocolate digestive is best and try to get it into your mouth by wiggling your head) Are you up to the challenge?



- 🕒 **6.00pm - Younger Members Fun Zoom Activity**  
**Session with Bryce**

*Zoom Meeting ID = 379 847 5632*  
Password = cwyp



## Saturday

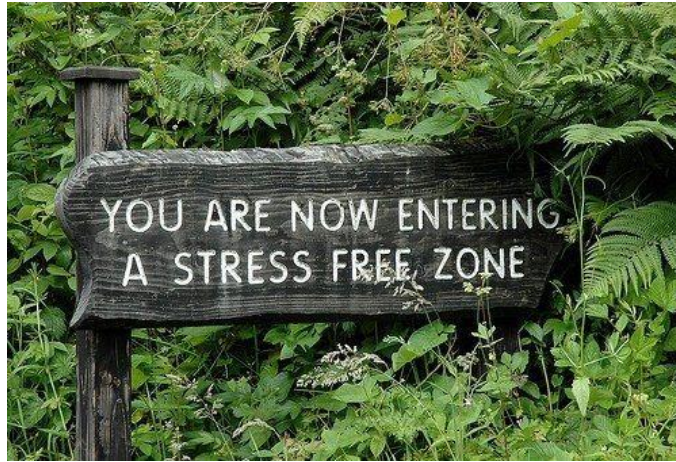
- 😊 **Creature Maker** – Can you make a creature using items around you? If you are at the beach use pebbles and shells, garden or countryside use leaves and sticks, in the house use clothes, kitchen items or old boxes and packet (all creations get a prize)



## Sunday

♥ Take time out for yourself today 'Stress Free Sunday'

Enjoy your day - ready for the new timetable tomorrow



*We hope you enjoy this week's activities  
If you need any support with them  
Please just get in touch*

***If you haven't received the activity pack that goes with the timetable of activities let us know and we can arrange to get one to you.***