

## Cheesy Waffles Project Term Time Sessions from September to November 2022

October Half Term = Saturday 22<sup>nd</sup> to Sunday 30<sup>th</sup> October 2022

Christmas Holidays = Wednesday 21<sup>st</sup> December to Tuesday 3<sup>rd</sup> January

*We have a range of activities each holiday time  
Please check private Facebook group or ask  
staff what is available*

Monday	3.00-4.30pm 18 Years+	WEEKLY	Fit Bits
September 12 <sup>th</sup> , 19 <sup>th</sup> , 26 <sup>th</sup> October 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> , 31 <sup>st</sup> November 7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup> December 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup>			

Monday	5.15-6.45pm 7-13 YRS	WEEKLY	Junior Club
September 12 <sup>th</sup> , 19 <sup>th</sup> , 26 <sup>th</sup> October 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> , 31 <sup>st</sup> November 7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup> December 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup>			

Monday	7.00-8.30pm	2 WEEKLY	Men's Group
September 12 <sup>th</sup> , 26 <sup>th</sup> October 10 <sup>th</sup> , 31 <sup>st</sup> November 14 <sup>th</sup> , 28 <sup>th</sup> December 12 <sup>th</sup>			

Monday	7.00-8.30pm	2 WEEKLY	Ladies Group
September 19 <sup>th</sup> October 3 <sup>rd</sup> , 17 <sup>th</sup> November 7 <sup>th</sup> , 21 <sup>st</sup> December 5 <sup>th</sup> , 19 <sup>th</sup>			

Tuesday	5.30-7.15pm 13-19 YRS	WEEKLY	Fun Fit & Activities Session
September 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> October 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> November 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> , 29 <sup>th</sup> December 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>			

Tuesday	6-8pm 20 YRS +	WEEKLY	Top 20's
September 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> October 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> November 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> , 29 <sup>th</sup> December 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>			

Wednesday	6-8pm ALL AGES	WEEKLY	Making Music
September 14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup> October 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> November 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup> , 30 <sup>th</sup> December 7 <sup>th</sup> , 14 <sup>th</sup>			

Thursday	5.45-7.15pm	2 WEEKLY	Girls Group
September 15 <sup>th</sup> , 29 <sup>th</sup> October 13 <sup>th</sup> November 3 <sup>rd</sup> , 17 <sup>th</sup> December 1 <sup>st</sup> , 15 <sup>th</sup>			

Thursday	5.45-7.15pm	2 WEEKLY	Lads Group
September 22 <sup>nd</sup> October 6 <sup>th</sup> , 20 <sup>th</sup> November 10 <sup>th</sup> , 24 <sup>th</sup> December 8 <sup>th</sup>			

Saturday	Saturday Social 10.15-1.00 1.30-5.30pm 1.30-5.30pm	2 WEEKLY	Supported Needs & Under 16's Transitions 16-19YRS Adults 20 YRS +
September 10 <sup>th</sup> , 24 <sup>th</sup> October 8 <sup>th</sup> , 22 <sup>nd</sup> November 5 <sup>th</sup> , 19 <sup>th</sup> December 3 <sup>rd</sup> , 17 <sup>th</sup>			