

Monday 17th August - 'Summer Fayre'

Monday

🧘 Have a go at some Yoga Poses today



Mountain Pose



Chair Pose



Crescent Moon Pose



Tree Pose



Child's Pose



Downward Facing Dog Pose



Happy Baby Pose



Butterfly Pose



Rag Doll Pose



Corpse Pose

✂ Try finding all the words in the Summer Fair Wordsearch

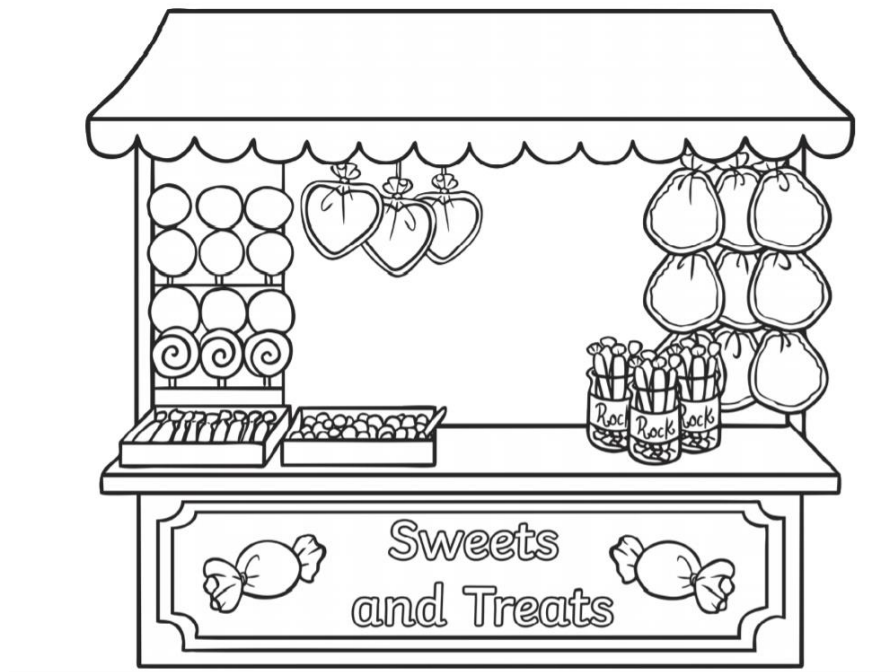
Summer Fair

t	b	r	v	a	f	a	i	r
o	f	a	v	g	a	m	e	s
m	l	f	g	b	n	h	y	u
b	o	f	a	v	b	b	d	e
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l	e	e	p	o	l	q	l	t
a	d	d	w	i	n	b	v	a
l	h	o	p	l	a	p	l	
s	u	m	m	e	r	e	g	l

summer	games	win
tombola	stall	lose
fair	hoopla	
raffle	bbq	

Tuesday

✂ Summer Fair Colour in Sheets



Social Time

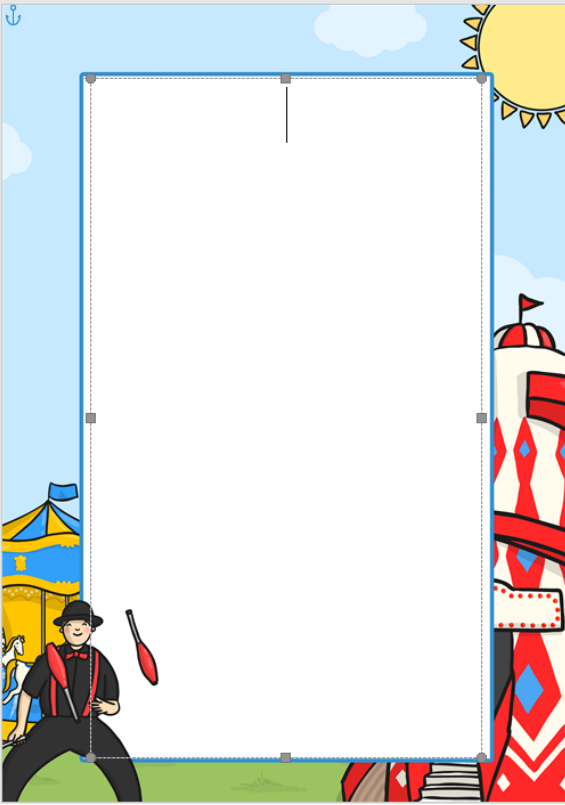
🕒 17:30 Age 15+ Zoom Activity with Lucy & Lisa

Zoom Meeting ID = 739 811 9341

Password = cwyp



Wednesday



♥ Have a go at Designing a Poster for our Fair (to advertise on Facebook)

Social Time

① **6.00pm Ladies & Girls Zoom Activity with Robyn & Robyn**

Zoom Meeting ID = 739 847 5632

Password = cwyp

② **Zoom Activity Cancelled – Staff attending offsite visit & will not be back in time**
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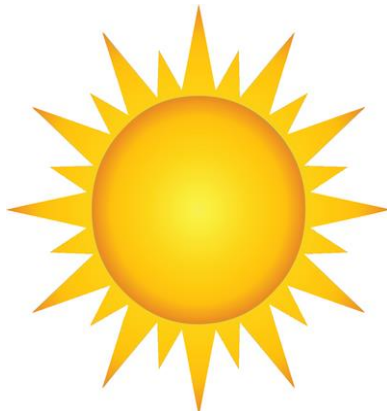
Zoom Meeting ID = 379 847 5632

Password = cwyp



Thursday

☺ Make a Sun Catcher Art & Craft Activity (in your pack)



Friday

👍 **Water Bottle Flip Challenge – how many times can you flip your bottle?**



🕒 **6.00pm - Younger Members Fun Zoom Activity Session with Bryce**

Zoom Meeting ID = 379 847 5632
Password = cwyp



Saturday

♥ **Cake Sale – Cupcake Design, Design a Cupcake (Prize for best designs)**

Cake Sale Cupcake Design

Design a delicious cupcake for a cake sale.

Name your cupcake _____

Flavour _____

Cost _____



Sunday

♥ Take time out for yourself today 'Stress Free Sunday'

Enjoy your day - ready for the new timetable tomorrow



*We hope you enjoy this week's activities
If you need any support with them
Please just get in touch*

If you haven't received the activity pack that goes with the timetable of activities let us know and we can arrange to get one to you.